



NEWS RELEASE

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FOR IMMEDIATE RELEASE

City of Las Vegas August 2009 Senior Special Events

All activities are subject to change. Call to verify times and dates. List is not all-inclusive. All facilities offer exercise, fitness, craft, arts, dance, music and computer classes; cards; games; discussion and social groups Monday through Friday. Call centers near you for complete list of classes and activities. Most activities require \$2 annual membership to city of Las Vegas Senior Citizen Programs.

Free Blood Pressure Checks (ages 50+)

Mondays, 8:30 to 9:30 a.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Tuesday Night Dances (ages 50+)

Tuesdays, 5 to 8 p.m.

Fee: \$4

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Enjoy this ballroom dance social with live music from Boyd Coulter and his band!

Free Snow Cone Fridays (ages 50+)

Fridays, 8 a.m. to 4 p.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Cool off with a free, yummy snow cone Fridays in August and September.

Free Amputee Coalition of Nevada Meeting (ages 50+)

2nd Friday of each month, 1 p.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Free Line Dancing (ages 50+)

Thursdays at 2 p.m. and Fridays at 10 a.m.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Old Movies Weekly Series (ages 50+)

Fridays, 10 to 11 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Friendship Day 2-for-1 (ages 50+)

Monday, Aug. 3, 11 a.m. to noon

Fee: \$3 pays for you and a friend

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Each person will enjoy a half-sandwich, bowl of soup, drink and dessert.

Free Doolittle Cinema & Popcorn (ages 50+)

Monday, Aug. 3, 1 p.m. Call for movie title.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125

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Advanced Picasa Photo-Editing Workshop (age 50+)

Monday, Aug. 3, 1 p.m. Advance registration required.

Fee: \$5.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Picasa computer workshop teaches you to enhance your photos.

Yahtzee Tournament Patio Party (ages 50+)

Monday, Aug. 3, 2:30 to 4 p.m. Register in advance.

Fee: \$1

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Beat the afternoon blahs with Yahtzee tournament fun at a patio party.

Free Blood Pressure Check (ages 50+)

Tuesday, Aug. 4, 9 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Free Community Legal Seminar (ages 60+)

Tuesday, Aug. 4, 10 to 11:30 a.m. Register by July 28.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

An elder law attorney will conduct a free legal seminar on issues relating to seniors. Light refreshments will be served. No one-on-one appointments will be available at the seminar. Call for details. Space is limited.

Free Health Is Wealth Workshop (ages 50+)

Tuesday, Aug. 4, 1 p.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Learn which foods to eat to help prevent or eliminate most diseases. Instructor has 48 years of experience as a pharmacist and teaches local college classes.

Lieburn Breakfast Nook (ages 50+)

Wednesday, Aug. 5, 8:30 a.m. Register by July 29.

Fee: \$2

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Enjoy freshly cooked breakfast specialties, freshly ground coffee, juice and great company.

Pinball Museum and Movie Day Trip (ages 50+)

Wednesday, Aug. 5, 9 a.m. to 3:30 p.m.

Fee: \$2 transportation fee plus cost of lunch and personal purchases.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Enjoy a visit to the Pinball Museum, movies and lunch.

Bunco Bonanza (age 50+)

Wednesday, Aug. 5, 11 a.m. Preregistration is required. Space is limited.

Fee: \$3

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy a light brunch and a fun afternoon playing Bunco. Prizes awarded.

Hoagie Wednesday (ages 50+)

Wednesday, Aug. 5, 11 a.m. to noon. Please register at least one week in advance.

Fee: \$3 per meal

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Enjoy a homemade hoagie, served with a cup of soup, dessert, pickles and chips.

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Snow Cone Day (ages 50+)

Wednesday, Aug. 5, 12:30 p.m.

Fee: \$2

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Enjoy a snow cone with your choice of different flavor syrups.

Ward 5 Coffee Event (adults)

Thursday, Aug. 6, 9 to 10 a.m.

Starbucks, 2192 N. Rainbow Blvd., Suite 100, Best in the West Shopping Center

Ward 5 residents are invited to join Councilman Ricki Y. Barlow to discuss their concerns.

Doolittle's Fabulous Tea Party (ages 50+)

Thursday, Aug. 6, 10 to 11:30 a.m.

Fee: \$2

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Free Lieburn New Member Orientation (ages 50+)

Thursday, Aug. 6, 2:30 p.m.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Meet the center staff and discover all the available activities.

The Salad Bar Luncheon (age 50+)

Friday, Aug. 7, noon. Advance registration required.

Fee: \$2

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy basil chicken salad with Mandarin oranges, bread, dessert and a beverage.

AARP's Driver Safety Program (ages 55+)

Fee: \$12 for AARP members, \$14 for non-members. Pre-registration required. Call toll-free 1-888-227-7669 to register. Classes may be canceled for lack of enrollment. Nevada law allows for a discount on auto insurance premiums when course is completed. Register at least one week in advance.

Monday, Aug. 10, 8 a.m. to 4 p.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Monday and Tuesday, Aug. 10-11, 1 to 5 p.m. Must attend both sessions.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Saturday, Aug. 15, 8:30 a.m. to 4 p.m.

Gibson Community School, 3990 W. Washington Ave., (702) 229-5096.

Wednesday and Thursday, Aug. 19-20, noon to 4 p.m. Must attend both sessions.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Thursday, Aug. 20, 9:30 a.m. to 4:30 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Tuesday and Wednesday, Aug. 25-26, 3 to 7 p.m. Must attend both sessions.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Soup/Salad of the Month Luncheon (ages 50+)

Monday, Aug. 10, 11 a.m. to 2 p.m.

Fee: \$2

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Enjoy fruit salad, dessert and beverage.

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Bowling & Lunch Day Trip (ages 50+)

Tuesday, Aug. 11, 9:30 a.m. to 2:30 p.m. Advance registration required. Space is limited.

Fee: \$2 transportation fee plus cost of bowling and lunch.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Enjoy bowling and lunch at Red Rock Station.

Bowling Day Trip (ages 50+)

Tuesday, Aug. 11, 9:30 a.m. Advance registration required. Space is limited.

Fee: \$2 transportation fee plus cost of bowling.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Free Elder Abuse Presentation (ages 50+)

Tuesday, Aug. 11, 10:30 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

World Cuisine Cooking Club (ages 50+)

Tuesday, Aug. 11, 1 to 3 p.m. Register by Aug. 4.

Fee: \$2

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Learn recipes from exotic places around the world. Sampling mandatory!

Breakfast & A Movie Day Trip (age 50+)

Wednesday, Aug. 12, 9 a.m. Advance registration required. Space is limited.

Fee: \$2 transportation fee plus cost of breakfast and movie.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Grits with Toast Day (ages 50+)

Wednesday, Aug. 12, 9 to 11 a.m. Register by Aug. 5.

Fee: \$1

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Surprise Cooking Challenge (ages 50+)

Wednesday, Aug. 12, 11 a.m. to 1 p.m. Advanced registration required.

Fee: \$3

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Create a tasty masterpiece from the ingredients you will be given. The group will be broken into teams.

National Peach Month Luncheon (ages 50+)

Wednesday, Aug. 12, 11:30 a.m. to 1:30 p.m. Advance registration required.

Fee: \$4

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Try interesting dishes flavored with the delicious peach as we celebrate this summertime favorite!

2nd Annual Anniversary Lunch (ages 50+)

Wednesday, Aug. 12, 12:30 p.m. Advance registration required.

Fee: \$8.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Dips & Sauces Cooking Workshop (age 50+)

Wednesday, Aug. 12, 2 to 4 p.m. Advance registration required.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

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Monthly Breakfast (age 50+)

Thursday, Aug. 13, 9 to 10 a.m. Advance registration required.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Free Park Ambassadors Meeting (ages 50+)

Thursday, Aug. 13, 10 a.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Being a park ambassador gives you an opportunity to be of service to your community by helping keep parks safe for everyone. Call for information.

Free Name That Tune Game (ages 50+)

Thursday, Aug. 13, 10 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Test your knowledge and have fun enjoying music from the '50s to present.

Free Facebook Follies Workshop (ages 50+)

Thursday, Aug. 13, 10:30 a.m. Register by Aug. 6.

Fee: \$2

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Learn to use Facebook and set up your own account in this one-day workshop.

“M” Photo Hunt (ages 50+)

Friday, Aug. 14, 9 a.m. Advance registration required. Space is limited.

Fee: \$2 transportation fee, plus cost of lunch.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Explore “M,” Vegas’ newest casino, as you look for specific objects to photograph in this hunt.

Summer Salad & Sandwich Extravaganza Luncheon (ages 50+)

Friday, Aug. 14, 11 a.m. Advance registration required at least two days in advance.

Fee: \$4

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Puzzlemania (ages 50+)

Friday, Aug. 14, 1 p.m. Advance registration required.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Enjoy an afternoon of brain-teasing fun.

Picasa Photo-Editing Workshop (age 50+)

Monday, Aug. 17, 10 a.m. to noon. Register by Aug. 10.

Fee: \$5.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Learn to use Picasa to enhance your photos.

Summer Craft and Tasting Workshop (ages 50+)

Monday, Aug. 17, 10 a.m. to noon. Register by Aug. 10.

Fee: \$2

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Enjoy scrumptious smoothies and crafts with Jill.

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Free Lieburn Lecture Series (ages 50+)

Monday, Aug. 17, 1 to 3 p.m.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Free refreshments, free education and priceless empowerment. Southern Nevada Health District presents "Shingles: What To Do?"

Lei Making Workshop (ages 50+)

Tuesday, Aug. 18, 10 a.m. Register by Aug. 11.

Fee: \$6

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Monthly Texas Hold 'Em Poker Tournament (ages 50+)

Tuesday, Aug. 18, 12:30 to 4 p.m.

Fee: \$2

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Pit your skills against others in this monthly tournament.

Bunco and Dinner (ages 50+)

Tuesday, Aug. 18, 4 p.m.

Fee: \$5

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Monthly Breakfast (ages 50+)

Wednesday, Aug. 19, 9 a.m. Advanced registration required.

Fee: \$3

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy homemade granola, yogurt and fruit. Earn a \$1 discount if you attend the Tighten & Tone class that precedes the breakfast.

Monthly Breakfast (ages 50+)

Wednesday, Aug. 19, 9:30 a.m. Advanced registration required.

Fee: \$5

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Enjoy French toast with fruit topping.

Summer Luau (ages 50+)

Wednesday, Aug. 19, 11:30 a.m. Advance registration required by Aug. 12.

Fee: \$5

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Enjoy a Hawaiian feast, dancing, entertainment and lots of fun.

Free Healthy Eating Seminar (ages 50+)

Thursday, Aug. 20, 10 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Monthly Cultural Cuisine (ages 50+)

Thursday, Aug. 20, 1 p.m. Register by Aug. 13.

Fee: \$3

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Learn to make Puerto Rican bean empanadas.

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Sunbelt Auto Museum Guided Tour (ages 50+)

Friday, Aug. 21, 9 a.m. to 12:30 p.m. Advanced registration required. Space is limited.

Fee: \$2 transportation fee.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy the beauty in this private auto museum that has more than 200 restored cars.

Breakfast Buffet & Movie (ages 50+)

Friday, Aug. 21, 9 a.m. to 2:30 p.m. Register in advance. Space is limited.

Fee: \$2 transportation fee, plus cost of movie and breakfast at Texas Station Feast Buffet.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Free Senior Citizens Day Celebration (ages 50+)

Friday, Aug. 21, 1 to 3 p.m.

Fee: \$2

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Celebrate National Senior Citizens Day with friends!

Rockin' to the '50s (ages 50+)

Monday, Aug. 24, 11:30 a.m. Advance registration required by Aug. 17.

Fee: \$3

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Prizes for karaoke, best dressed and knowledge of 1950s music. Enjoy burgers, fries and ice cream soda.

Auditions for Senior Idol (ages 50+)

Monday and Tuesday, Aug. 24-25.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Call for a registration packet and arrange your audition time. Get your act together — dancing, singing, comedy, magic, athletic prowess and be prepared to audition for a spot in the show Oct. 1. All participants must be at least 50 years old. No use of fire or live animals is permitted in the performance.

Free Health Department Pneumonia Presentation (ages 50+)

Tuesday, Aug. 25, 10:30 to 11:30 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Breakfast & Bingo (ages 50+)

Wednesday, Aug. 26, 8:30 to 10:30 a.m. Advance registration required.

Fee: \$3 transportation fee plus cost of movie and breakfast.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Swimming with the Sharks (ages 50+)

Wednesday, Aug. 26, 9:30 a.m.

Fee: \$2 transportation fee plus cost of lunch and personal purchases.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Enjoy swimming, lunch and relaxing at the Golden Nugget pool.

Swimming with the Sharks (ages 50+)

Wednesday, Aug. 26, 9:30 to 2:30 p.m. Advance registration required.

Fee: \$2 transportation fee plus personal purchases.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Enjoy swimming in the pool or down the glass slide through the shark tank at a local hotel.

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Bunco (ages 50+)

Wednesday, Aug. 26, 1 to 3 p.m.

Fee: \$1.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

No experience or skill needed. Learn as you play. Win prizes and enjoy light refreshments.

Texas Hold' Em Tournament (ages 50+)

Wednesday, Aug. 26, 1 to 3 p.m.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

No cash buy-in. Prizes will be awarded to the final table. Preregister by Aug. 19.

Free Monthly Birthday Celebration (ages 50+)

Thursday, Aug. 27, 11:30 a.m.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Enjoy cake as we honor seniors who have birthdays during the month.

Free Photo Matting Workshop (age 50+)

Thursday, Aug. 27, noon. Advance registration required by Aug. 20.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

The Salad Bar Luncheon (age 50+)

Friday, Aug. 28, noon. Advance registration required.

Fee: \$2

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy Greek dinner salad, bread, dessert and a beverage.

Free According to Hoyle Day (ages 50+)

Friday, Aug. 28, 1 to 3 p.m.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Try your hand at different card games.

Rock and Roll Social (ages 50+)

Friday, Aug. 28, 1 p.m. Register by Aug. 21.

Fee: \$3

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Dress like your favorite rock star and be ready to karaoke.

PhotoShop Elements Photo-Editing Workshop (age 50+)

Monday, Aug. 31, 1 p.m. Advance registration required.

Fee: \$5.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

PhotoShop Elements computer workshop teaches you to enhance your photos.

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